



## COVID-19 Guidelines

### Players, Coaches, Spectators

- **Stay Home when Appropriate** - If you or your player are not feeling well, please stay home
- **Sanitizing Stations** - Available throughout the building
- **Face Coverings** – Face masks must be worn by all who enter the facility
- **Cleaning and Disinfection** – The Manager on duty will be disinfecting high traffic areas regularly during each shift
- **Communal Spaces** – Please come to the rink dressed to play. Do not use the locker rooms.
- **Locker Rooms** – Will be disinfected regularly
- **Showers** – DO NOT USE
- **Spectators** – Not allowed in the building

#### Players: On/Off the Ice

- Players come to the rink dressed in full equipment.
- Drop your player. No parents or spectators allowed
- Arrive 15 minutes prior to practice, maximum. Please leave within 10 minutes of exiting the ice.
- Players need to bring and label their own water bottles, no sharing of water. Please fill it at home.
- Players may remove the mask to enter the ice and replace it as soon as they are off.
- Coaches must wear a mask at all times including on the ice