

# VALLEY FORGE COLONIALS

## 2011-12 Fall/Winter Practice Schedule

Beginning on 9/6/2011

### Mite Cross Ice

Monday 4:45-5:45 PM

Wednesday 5:40-6:40 PM

### Mite Half Ice and VFC Squirt Patriot

\*\*Please note that there will be a Practice Rotation Schedule involving the below days announced by Mid-August.

Monday 5:55-6:55 PM

Wednesday 5:55-7:05 PM

Friday 5:00-6:00 PM

### Squirt "B-Blue" (Kalbach) and "B-Red" (Heintz)

Monday 5:40-6:50 PM

\*\*2<sup>nd</sup> Practice per week is on a Rotation Schedule. Follow days, dates and times below.

Wednesday 6:40-7:40 PM Dates: 9/7, 9/28, 10/19, 11/9, 11/30, 12/21, 1/18, 2/8, 2/29

Thursday 5:55-7:05 PM Dates: 9/15, 10/6, 10/27, 11/17, 12/8, 1/5, 1/26, 2/16, 3/8

Friday 5:45-7:00 PM Dates: 9/23, 10/14, 11/4, 11/25, 12/16, 1/13, 2/3, 2/24

### Squirt "AA" and "A"

Monday 7:05-8:15 PM

\*\*2<sup>nd</sup> Practice per week is on a Rotation Schedule. Follow days, dates and times below.

Wednesday 6:40-7:40 PM Dates: 9/21, 10/12, 11/2, 11/23, 12/14, 1/11, 2/1, 2/22

Thursday 5:55-7:05 PM Dates: 9/8, 9/29, 10/20, 11/10, 12/1, 12/22, 1/19, 2/9, 3/1

Friday 5:45-7:00 PM Dates: 9/16, 10/7, 10/28, 11/18, 12/9, 1/6, 1/27, 2/17, 3/9

### Peewee "B" and Minutemen Squirt Patriot

Monday 7:00-8:05 PM

\*\*2<sup>nd</sup> Practice per week is on a Rotation Schedule. Follow days, dates and times below.

Wednesday 6:40-7:40 PM Dates: 9/14, 10/5, 10/26, 11/16, 12/7, 1/4, 1/25, 2/15, 3/7

Thursday 5:55-7:05 PM Dates: 9/22, 10/13, 11/3, 11/24, 12/15, 1/12, 2/2, 2/23

Friday 5:45-7:00 PM Dates: 9/9, 9/30, 10/21, 11/11, 12/2, 12/23, 1/20, 2/10, 3/2

### Peewee "AA" and "A"

Monday 8:15-9:15 PM

Wednesday 7:15-8:30 PM

### Bantam "A"

Monday 8:15-9:30 PM (Same)

Thursday 7:15-8:20 PM Shared w/Minutemen 98 (Begins week of 11/28)

### Bantam "AA"

Monday 8:15-9:30 PM (Same)

Thursday 8:30-9:45 PM Shared w/Minutemen U16 American (Begins week of 11/28)

### Midget U16 "A"

Tuesday 8:30-9:45 PM